**Do not use injection therapy if you:**

* Have an allergy to any of the ingredients in the injection
* Have sickle cell anemia or a history of sickle cell anemia, multiple myeloma or leukemia
* Peyronie’s Disease
* A penile implant
* Had an erection that lasted more than 4 hours
* Have been advised not to engage in sexual activity for health reasons.

**Dosage**: Use the **smallest dose** of the injection that produces an erection sufficient for intercourse with an erection not lasting longer than one hour. If you find the dose does not work for you do **NOT** give yourself a second injection on the same day as you must wait a minimum of 24 hours between injections. The next day you could try a small increase in dosage e.g. 0.1 mL. You should expect an erection in 5-20 minutes. Do not use more than 3 times a week with at least 24 hours between each use.

**DO NOT:**

* Reuse or share a needle or syringe
* Use a bent needle
* Use the vial if the fluid is cloudy, coloured or containing particulate matter.
* Inject into an erect penis

**DO:**

* Read the instructions accompanying the injection therapy
* Inject the medication into one of the Corpora Cavernosa (spongy tissue along either side of the penis). Avoid the top and underside of your penis and any visible veins.
* Change the injection site each time you give yourself an injection including alternating sides of the penis
* Apply pressure to the injection site for a minute after withdrawing the needle.
* Dispose of used needles and syringes into a puncture proof container you get from your pharmacy.

**Possible side effects:**

 **Prolonged Erection:**

* If your erection lasts 1-2 hours, try walking up and down the stairs for a few minutes. There is evidence that with this activity blood moves from the penis to the large leg muscles.
* Seek immediate medical help if an erection lasts more than 3 hours. If the physician who prescribed the medication is not available go to the nearest emergency department

**Mild-moderate pain or “burning” at the injection site**

* Common and usually resolves in a minute or so

**Bruising at the injection site:**

* Remember to apply pressure to the injection site after removing the needle
* You may have gone through one of the small blood vessels in the skin but this is not a cause for concern as the bleeding will stop on its own.
* Avoid further injections until the bleeding is gone

**Blood in your urine:**

* Usually means the injection has not been given in the correct spot.
* Do not be concerned as the bleeding should stop but avoid further injections until you have reviewed the injection technique with your doctor or nurse.

**Scar tissue or fibrosis in penis:**

* Can be caused by giving the injection always in the same site.
* Remember to change the injection site by alternating sides of the penis and different sites along each side of the penis.

**Whole body effects (rare):**

* Changes in blood pressure, irregular heartbeat, increased pulse rate, dizziness, headache or faintness.